

Counseling Training Report By Annie Bowa

I have successfully completed the psychosocial counseling course, and I am glad today to report that I feel overjoyed and very grateful.

Having grown up with my HIV Positive mother, and surrounded by children with HIV related problems, this course has increased my enthusiasm and passion to work as a counselor, and being part of the solution for most of the daily problems of HIV/AIDS and psychosocial issues affecting our communities with a focus on children.

*During my class theory we covered a wide-range of topics.
Facts about HIV/ AIDS*

Self-awareness and psychic energies

Professional and ethical issues

Counseling skills, pre and post counseling

Counseling adolescents and children

Group dynamics and crisis intervention

The humanistic theory made me learn a lot about understanding of human behavior, which relates to cases found among the children at Heal project and my daily life.

This came to reality when I was doing my practical at Chainama Teaching Clinic where I had to practice my counseling skills with real life situations through interacting with different people from different social standings and beliefs.

I'm now certain for sure that this is what I want to do; now that I have completed and ready to work and help the children at Heal project and my entire community.

I would like to thank Orange Babies for sponsoring me to do this training which is going to be of great help for me and the Heal project.

Thank you very much.

Annie Bowa.